



16145 S. State Road 7 Suite D, Delray Beach, FL 33446
 Website: www.bocadelraykarateclub.com
 Email: usd@bocadelraykarateclub.com
 561-482-5621

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
No classes before 3:30pm	1:00 - 4:00 Privates	12:30-1:30 Tai Chi	10am-11am Yoga 12:30 - 1:30 Tai Chi	12:30 - 3:30 Privates	No classes before 9:00am
4:00-5:00 Privates	4:15 - 5:15 Juniors	1:30 - 3:30 Privates	2:00 - 4:00 Privates	3:30 - 4:00 Tiger Cubs	9:00 - 10:00 Privates
5:00 - 5:30 Privates	5:15 - 5:45 Tiger Cubs	3:30 - 4:00 Tiger Cubs	4:15 - 5:15 Juniors	4:00 - 4:30 Privates	10:00 - 10:30 Tiger Cubs
5:30 - 6:30 Juniors	5:45 - 6:45 Pre-Teens	4:00 - 5:00 Privates	5:15 - 5:45 Tiger Cubs	4:30 - 5:30 Juniors	10:30 - 11:00 Privates
6:30 - 7:30 Pre-Teens	6:45 - 7:15 Privates	5:00 - 6:00 Juniors	5:45 - 6:45 Pre-Teens	5:30 - 6:30 Pre-Teens	11:00 - 12:00 Juniors/ Pre-Teens
7:30 - 8:30 Adults/Teens	7:15 - 8:15 Adults/Teens	6:00 - 7:00 Pre-Teens	6:45 - 7:15 Privates	6:30 - 7:00 Privates	12:00 - 1:00 Adults/Teens
8:30 - 9:00 Privates	8:15 - 8:45 Privates	7:00 - 8:00 Adults/Teens	7:15 - 8:15 Adults/Teens	7:00 - 8:00 Adults/Teens	1:00 - 1:30 Privates
		8:00 - 9:00 Tai Chi	8:15 - 9:15 Tai Chi		1:30 PM Available for Birthday Parties

Tiger Cubs 2 1/2-5 years old
Juniors 6-8 1/2 years old
Pre-Teens 9-12 years old
Adults/Teens 13+ years old
Juniors/Pre-Teens 6-12 years old

Private Lessons:
 30 minutes session each
 By appointment only
 24 hr cancellation notice required

Please bring any sparring gear, weapons to each class for our rotating curriculum schedule.